

Life stories

The school of womanly arts

Women are the greatest natural untapped resource on the planet," announced Mama Gena with a ruffle of her red feather boa and a flutter of her fan. "We do not know how incredible we are; we have no idea of our power. But the more we realise it and have fun with it, the more fun we have."

Mama Gena was addressing a class of 20 women, plus about 60 of their female friends and relatives. The students are Sister Goddesses who have completed a course at Mama Gena's School of Womanly Arts, where they've studied how to make pleasure a priority in life.

Located on New York's Upper West Side, this is obviously not a typical school, but neither is Mama a typical woman. She is actually 45-year-old Regena Thomhauser, a testament to the principles of taking control of men and "pussifying the world".

Mama Gena's offers courses mostly to women. There are also courses for men, which are co-taught with her husband Bruce, the most popular of which is *Mama Gena Gives It Up to Men*. In this class men are taught about everything from PMT to "how to tell if she's telling the truth".

The women at the graduation, who ranged in age from 18 to 59½, were radiant, confident beings. "It's a lit-up woman who lights up the world and it's the greatest way to hook, or unhook, a guy," said Mama Gena.

In stark contrast were the debutantes who began the new course one week later. They cowered in the living room, where all classes are taught. Many seemed to consider making a run for it, while others made polite conversation.

"Dahlings, welcome," said Mama Gena sweeping in breathlessly, before sitting in the chair she would occupy for the next three hours.

The class began with "Bragging". Men, she pointed out, love to brag, but women must learn to be proud of their abilities. Each woman told of something she had accomplished in the past week. Mama Gena then began acquainting women with their "pussies" and asked some hard questions. "If your pussy got dressed up, what would it wear? If it could speak, what would it say?"

The class ended with Arts and Crafts. Using everything from glitter and paint to Plasticine, the goddesses created pictures of their pussies to take home.

Before they left, the goddesses were given their homework, the most important part of which was to do a pleasurable thing every day: a massage, a bubble bath with candles and so on.

"Start thinking using your pussy IQ," advised Mama. "Don't listen to your intellect. Your pussy IQ will lead you to your goals."

Pleasure is absolutely of the essence. "We don't spend any time investigating our pleasure; we don't prioritise it and then we are expected to give pleasure to other people. But you can't give pleasure unless you know pleasure. My goal is to stuff my goddesses with pleasure."

Soon, there will be classes in other cities. But before that will be the publication of her book - *Mama Gena's School for Womanly Arts* - which will be published next

spring.
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